



## HOPE CHARITABLE TRUST

Registered under The Bombay Public Trust Act, 1950  
(Reg. No. : E/7812/Vadodara)

9, Bank of India Colony, Delux,  
Nizampura, Vadodara.  
Email : hopecharitable15@gmail.com  
Website : www.hopecharitabletrust.org

## Our Mission

Care and Compassion with human touch for the Persons with special needs including the senior citizens by providing care home services to make their life meaningful with full of Joy and happiness.

## Targeted Beneficiaries

- ❑ Mentally Ill / sick Male as well as female who are in need of personal care
- ❑ Senior citizens who need personal care services
- ❑ Medical and support services for persons with special need including special children.

## Aims & Objectives

Residential care services for the Mentally ill/ Sick persons , Senior citizens & persons with disabilities to resocialise and to make them independent

- ❖ To Provide Health care and Rehabilitation services for our inmate beneficiaries under our residential care home project
- ❖ To provide counselling and guidance services to the inmates as well as OPD beneficiaries
- ❖ To provide vocational Training and capacity building for our target group beneficiaries
- ❖ To arrange Medical, support services, Training and rehabilitation for the physically as well as mentally handicapped persons ( Divyang)





## Brief about HOPE

Hope Charitable Trust is a social voluntary organisation, registered under The Bombay Public Trust Act 1950 with the registration no . E / 7812 / Vadodara dt. 17.06.2014

We run a care home services for the mentally ill persons, senior citizens and persons with disabilities ( Divyang) for their resocialisation and vocational rehabilitation with the aim to make their life meaningful and independent.

HOPE is the institute in the state of Gujarat which is providing requisite therapies and services to the needy under one roof by a team of extremely committed qualified, trained and certified team of professionals.



## Historical Back Ground

Hope Charitable Trust was founded by Mrs. Asha Sudhirkumar, along with a small group of committed professionals from different field who have rich experience in the field of Social care Management, Legal, NGO administration and committed to serve the needy persons to make their life meaningful. President, Mrs. Asha has life long experience over 25 years; for project planning, Monitoring and project management in the field of Social care services.

Vice President, Mr. Sudhirkumar have wide experience & experts in the field of Legal, Lisioning, Administration & public relations.

The young Trustees have very good involvement with full of commitment in day to day functioning of the trust and its programs to run a care home for mentally ill /sick , Sr. citizens and persons with disabilities.

HOPE is managed by fully empowered professional Board of Trustees to ensure delivery of services of the highest standard, quality , good governance, transparency and accountability.



## Admission Procedure & Services Delivery System

We have highest standard of parameters to assess each of our beneficiaries to deliver our services. We follow the following steps;

- ❖ Preliminary family counselling session
- ❖ Individual Case studies of the beneficiary
- ❖ Assessment by the team of therapist (clinical psychologist, psychrists, professional social worker )
- ❖ Behaviour Analysis of beneficiaries
- ❖ Medico-legal procedure
- ❖ Individual profile & task assignment
- ❖ IEP and goal setting
- ❖ Review, follow up
- ❖ Family feedback



## Our Major Activities and program

1. Counselling & guidance services
2. Medical and support services
3. Individual sessions
4. Picnic & outings
5. Socio-cultural program & festival celebration
6. Yoga ,Meditation & Music therapy
7. Psychotherapy services
8. Art and craft work
9. Vocational training & rehabilitation program
10. Regular medication and follow up services







### Major Achievements

- ❖ **22** nos. of persons resocialise in their families from care home services
- ❖ **18** nos. of persons provided vocational training
- ❖ **79** nos. persons provided counselling & guidance services
- ❖ **38** nos. persons with disabilities (Divyang) provided medical & support services
- ❖ **09** nos. of Medical camps & counselling seminars conducted



## Our Speciality

HOPE Charitable Trust has since emerged as one of the centre of excellence for the beneficiaries who are in special need for Love, Care & Support.

HOPE has created a benchmark by following evidence based practices and methodologies for Clients behaviour management and behaviour modification to bring positive change about the best in our targeted group of beneficiaries who are in special need.

We provide a safe and happy learning environment for our inmates. The unconditional love and care by our trainers, carers, therapists and support staff makes HOPE an organisation with a difference.



## What is Mental Illness/ Sickness

**Bipolar** disorder, also known as manic depression, is a mental illness that brings severe high and low moods and changes in sleep, energy, thinking, and behavior. People who have **bipolar** disorder can have periods in which they feel overly happy and energized and other periods of feeling very sad, hopeless, and sluggish.

**Schizophrenia** is a mental disorder that usually appears in late adolescence or early adulthood. Characterized by delusions, hallucinations, and other cognitive difficulties, **schizophrenia** can often be a lifelong struggle.

**Mental illness** is nothing to be ashamed of. Mental illnesses are health conditions involving changes in emotion, thinking or behaviour (or a combination of these). **Mental illnesses** are associated with distress and/or problems functioning in social, work or family activities.



## Our Future Plan

HOPE care home is now facing a several capacity constraints as number of inmates who can benefit by its services has multiplied manifold. There is an urgent need to build a much bigger and barrier free centre with the latest technology with well infrastructure therapy units to cater to 50 needy beneficiaries with special needs.





## Appeal / How to Associate :

With the help of little contribution we can make a positive change and bring a smile on their faces of persons in Special needs.

All the donations for our commendable cause may be sent either by Cheque or transferred through Oriental Bank of Commerce, Nizampura branch, Vadodara, A/C No. **51441131000622** IFSC Code : **ORBCO105144**.

**The Donations are exempted from Income Tax under 80 G**

**Let become a part of HOPE's unique journey and explore life's new meaning with our differently abled persons. Your compassion and generosity can make a world of difference.**



## Contact Persons

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**Ms. Shilpee Peter** Honorary Secretary (M) 92650 80292

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